



CARE MANAGEMENT AND PLANNING

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Grandkids



A **geriatric care manager** or aging life care professional is an experienced professional whose goal is to improve you or your older adult's quality of life and reduce family stress



Who are GCM's

- State licensed RNs, LSWs, and some are Certificate-CMs.
- Perform private care management duties for a fee.
- Educated and trained in all areas related to aging.
- Accept private pay. Are currently not covered by insurance. Some EAP's and LTC Policies may cover cost.

GCM roles

- Advocate
- Educator
- Problem Solver
- Navigator
- Mediator
- Evaluate and Communicate
- Recommend and Refer
- Partner and Support



Holistic Assessment Areas

Health

Mobility

ADL's

IADL's

Cognition

Social Emotional

Health

Home Safety

Advanced Directives

Who GCM's partner with

- Client-Family
- Family Caregivers
- Medical Providers
- Discharge Planners
- Financial Planners
- Elder Law Attorneys
- Realtors
- Probate Courts
- Adult Protective Services
- Cleaning Companies
- POA's ?HCPOA's
- Guardians and Trustees

Performing and providing... the **doing**

- *Safety and security monitoring*
- *Aging in Place recommendations*
- *Medical management*
- *Communication*

Legal referral - expert testimony

Financial - Medicaid planning

Resources and Programs

Placement - LOC

Increasing opportunities for Optimal Aging




GCM's can do as much or as little as needed.

Questions to ask when hiring a GCM:

- 1) *Services offered?*
- 2) *Fee schedule?*
- 3) *Qualifications / Credentials?*
- 4) *Experience?*
- 5) *Years in Practice?*
- 6) *References?*

How to find a Care Manager in Your Area

- Aging Life Care Association = aginglifecare.org
- National Care Planning Council = longtermcarelink.net
- Elder care locator = eldercare.acl.gov
- Word Of Mouth



PLANNING
Increases the
odds of aging
with dignity and
independence

PLANNING
Important Information about
My Belongings, Business Affairs, and Wishes

Putting Things In Order

to help my loved ones
when I'm gone

What are your reasons
to plan?

Legacy or Inheritance
for Children and
Grands?

Business succession?

Medicaid recovery

Avoidance?

Second Edition

Nursing Home Planning

THE ULTIMATE
GUIDE

All the
Check

Someone turning age 65 today has almost a 70% chance of needing some type of long-term care services in their remaining years.

Whose terms do we want it on?

**YOU GET
HIT BY A
BUS**

**How to
Organize Your
Life Now
for When
You're Not
Around Later**

*“In Case You Get Hit
By A Bus...”*

*Wills, POA's and Health
Care Directives only
scratch the surface*

The best way to predict the future is to create it.

